

## WAXING SERVICES

Eyebrow	\$15	<b>MEN</b>	
Lip or Chin	\$10	Shoulders	\$20
Eyebrow & Lip	\$20	Back	\$20
Full face	\$30	Chest	\$20
Underarm	\$15	Any 2 of above	\$35
Bikini	\$15	Chest, Shoulders & Back	\$50
G String Bikini	\$20	Full arms (incl. Shoulders)	\$30
Brazilian (1 <sup>st</sup> time)	\$50	Full legs	\$50
Brazilian (maint.)	\$40	Full Body	\$110
Full arms (including u/arm)	\$30		
1/2 arms	\$20		
Full legs	\$45		
3/4 legs	\$35		
1/2 legs	\$25		
Full legs & bikini	\$55		

### TINTING

Lash Tint	\$20
Brow Tint	\$10
Lash & Brow Tint	\$25
Lash & Brow Tint & EBW	\$35

## HAND AND FOOT CARE

File, shape & Polish natural nails	\$15
Manicure	\$45
Includes steam therapy, cuticle tidy, file & shape of nails, hand and arm exfoliation with hot towel, aromatic hand and arm massage and polish	
French Gel Polish for natural nails	\$10
A perfect strong French polish finish to your manicure which will last approx. 2 weeks without wearing off like regular polishes	
File, shape & polish toe nails	\$15
Pedicure	\$60
Includes steam therapy, cuticle tidy, file & shape of nails, foot exfoliation with hot towel, aromatic foot and leg massage and polish	
French Gel Polish for toe nails	\$10
A perfect strong French polish finish to your pedicure which will last approx. 2-3 weeks without wearing off like regular polishes	

## FACE CARE

<b>EXPRESS FACIAL</b>	30min \$40
A perfect skin care treatment designed for busy people. A perfect introduction to skin care, and an ideal revitaliser for all skin types and conditions. Includes skin analysis, double cleanse, steam, exfoliation, mineral mask and moisturise.	
<b>INDULGENCE FACIAL</b>	60min \$65
A deluxe 60 minute facial which extends beyond the face. Includes skin analysis, double cleanse, steam, exfoliation, massage (face, décolletage, neck, scalp, shoulder and arm), mineral mask and moisturise.	

## BODY CARE

<b>DETOXIFYING BACK TREATMENT</b>	30min \$40
Our back is often the most neglected part of our daily skin cleaning ritual. This treatment is designed to detoxify and decongest your back with a double cleanse, steam, exfoliation, back, neck, shoulder and scalp massage and moisturise.	
<b>HOT STONT MASSAGE</b>	60min \$75
This deeply relaxing treatment uses heated volcanic stones and warm aromatic oils which release their healing energies deep into the muscles, relieving tension, stress and muscle fatigue.	
<b>TRADITIONAL THAI MASSAGE</b>	60min \$75
Performed by Thai national On Pakdee and available by appointment only	
For an absolutely peaceful experience to clear the mind and soothe the body, try our Traditional Thai Massage. This is an oil based massage which uses authentic Thai techniques which are both soft and gentle but at times strong and vigorous with stretching and firm pressure to muscles to promote good blood flow.	

**MUKTI**  
freedom + liberation



All face and body treatments are performed using Mukti Botanical products. A luxurious, certified organic, plant based beauty collection that utilises the best mother nature has to offer. Mukti Botanicals are infused with ingredients that are safe enough to eat including herbal extracts, vitamins, pure essential oils and essential fatty acids.

## BOWEN THERAPY

**15min \$15    30min \$30    40-60min \$50**

Performed by Maria Bukowski and available by appointment only

Bowen is a remedial body technique, that is extremely gentle and very relaxing. It empowers the body's own healing resources achieving balance and harmony, resulting in fast and lasting relief from pain and discomfort. Bowen is safe to use on anyone from newborns to the elderly, with any condition.

A treatment comprises sequences of small gentle moves, each at a specific site on the body. There is not forceful manipulation, just a light cross-fibre maneuvering of a muscle, tendon or ligament, pleasant to the recipient.

The precise location of the Bowen moves correlate markedly with the latest research into the meridian energy system, acu-points and myofascial trigger point therapy.

This gentle and effective treatment brings substantial relief frequently after the first session, and generally clients only need two or three treatments, usually one week apart.

Bowen facilitates the balancing of a broad range of conditions such as migraines and headaches, back and neck pain, sciatica, general muscular aches and pains as well as bed-wetting, infertility, breast lumps, carpal tunnel, circulation, depression amongst many others. Bowen Therapy is a safe and effective holistic treatment worth trying before considering other more drastic treatments.