



# Plus Fitness Dalyellup

## Class Timetable

**UNLIMITED X-CELL CLASSES**  
**ONLY \$2 PER WEEK**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MORNING							
6:00 AM	X-CELL <b>SHRED</b>	X-CELL <b>H.I.I.T</b>	X-CELL <b>H.I.I.T</b>	X-CELL <b>L.A.B</b>			
9:30 AM							
12:00 PM							
AFTERNOON							
5:30 PM							
6:00 PM							
7:00 PM							

**Please  
Remember:**

- Classes Access Card must be presented to the instructor prior to every class.
- X-CELL: We recommend bookings to avoid disappointment as spaces are limited and booked attendees will be given priority.
- Bookings are available via our website or through the Plus Fitness App available free via the App store or Google Play.
- Access, services, times and conditions may vary and change upon location. Check with your local club prior to joining.

\*Additional charges may apply for some class formats. (Master Classes)